



Once Upon A Time...

What would you guess has the biggest influence on a person's ability to succeed financially? Education? Social advantage? The right job?

None of the above. It's our "money story:" what we tell ourselves is financially possible. Everyone's got a story—the people who are winning the money game have a version in their heads that has a happy ending!

Let's look at our "money stories" to see if they serve us, and write new ones if they don't.

Take A Minute:

- Ask yourself, "Am I ready to let go of my old story?" It doesn't matter where that story came from, you're an adult and you get to choose how money works now.

Make A Minute:

- Examine the top two messages about money that get in your way. Re-write them, and start carving the new messages in your brain by reading them every day.
